



**WAIVER & RELEASE OF LIABILITY AND AGREEMENT TO ARBITRATE CLAIMS**

- 1. In exchange for permission to enter and use the facilities of the Corpus Christi Athletic Club, I, the undersigned participant, hereby confirm that: (a) I am in a better position to know of my physical condition and limitations than the Corpus Christi Athletic Club (together with its owner, Corpus Christi Athletic Club, LLC, and its employees, agents, officers, directors, affiliates and representatives the "Club") and I am not relying upon the Club to inquire, investigate, test, or otherwise determine if my physical condition is such that my use of the Club's facilities will cause me harm, (b) I have had full opportunity to inspect the Club's facilities and I am not relying in any way upon any warranty or representation by the Club as to the design, suitability or condition of those facilities, (c) I recognize that although the Club may have temporary control or custody over some of my personal property, the Club and I agree that the Club will not be responsible for the loss or loss of use of any this property, (d) I fully understand that any manner of physical exercise, and particularly exercise involving the use of weights, machines or other exercise implements, carries some attendant degree of risk of physical injury or death and (e) it is my intent, by executing this waiver and release, to accept all risks of injury or loss relating to the foregoing matters in clauses (a) through (d) except as set forth below to the fullest extent permitted under Texas law.
2. Accordingly, I hereby expressly release and forever discharge the Club (including all persons or entities described in 1(a), above) from and against all claims, injuries, causes of action, costs, damages, losses, expenses, and liabilities of any kind (collectively, "Liabilities") resulting from my use of the Club's facilities or arising while I am on Club premises, specifically including Liabilities arising from matters described in paragraph 1, above, WHETHER OR NOT SUCH LIABILITIES ARE CAUSED BY THE SOLE NEGLIGENCE, CONTRIBUTORY NEGLIGENCE, OR CONCURRENT NEGLIGENCE OF THE CLUB, but except to the extent such Liabilities arise from the Club's gross negligence or intentional or willful misconduct.
3. This agreement is executed and delivered on my behalf, and on behalf of any of my minor children who may enter or use the club, as well as on behalf of my heirs, executors, legatees, administrators or assigns.
4. I and the Club each agree and acknowledge that the Club's provision of its facilities, equipment and services necessarily relies on channels of interstate commerce and that any controversy or claim arising out of or relating to this agreement, including any claim involving Liabilities, shall be determined by final and binding arbitration administered by the American Arbitration Association under its Commercial Arbitration Rules and Mediation Procedures subject to, and in accordance with, the provisions of the United States Arbitration Act, which act the parties agree shall govern on any question relating to the agreements set forth in this paragraph.

\_\_\_\_\_  
Parent/Guardian's Signature Date

**EMERGENCY INFORMATION**

Mother's Name: \_\_\_\_\_ Cell #: \_\_\_\_\_ Work#: \_\_\_\_\_  
Father's Name: \_\_\_\_\_ Cell #: \_\_\_\_\_ Work#: \_\_\_\_\_

**EMERGENCY CONTACTS**

The Following People Are Authorized to Pick Up the Child  
IDENTIFICATION IS REQUIRED

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_ Phone#: ( ) \_\_\_\_\_  
Name: \_\_\_\_\_ Relationship: \_\_\_\_\_ Phone#: ( ) \_\_\_\_\_

PHYSICIAN'S NAME: \_\_\_\_\_ PHONE #: ( ) \_\_\_\_\_  
LIST ANY KNOWN ALLERGIES (Please include bee stings, food and drug allergies)

Is the participant currently taking medication?  Yes  No  
Please list all medications that your child is currently taking.

Does the participant have any physical condition that limits his/her participation in any activities?  Yes  No  
If yes, please explain:

\_\_\_\_\_  
Parent/Guardian Signature Date



## Bullying Policy

At The Corpus Christi Athletic Club, bullying is inexcusable, and we have a firm policy against all types of bullying. We work together as a team to ensure that campers gain self-confidence, make new friends, and leave with a positive camp experience. Campers should talk to a counselor or any camp staff member if they are uncomfortable with any experiences or need assistance while at camp. Each camper is expected to treat all other campers with respect, and to help each other achieve the best possible experience. If a camper has difficulty meeting this expectation, parents may be called upon to assist.

**Bullying rather it be verbal, emotional, and / or physical will be addressed on an individual basis and will likely result in dismissal from camp for those participating in the abusive behavior.**

## Behavior Guidelines

### Our expectations:

- Campers will be **Accountable** for their actions.
- Campers **Respect** themselves, each other, camp equipment and the environment. We expect campers to always be respectful when they are on our property or participating in our programs.
- **Honesty** will be the basis for all relationships and interactions.
- Campers will be **Caring** in their relationships with others. Campers are to behave in a mature, responsible manner and respect the rights and dignity of others.

## Discipline Procedures

When a camper does not follow the behavior guidelines, we will take the following action steps as behavior problems progress.

1. Staff will redirect the camper to more appropriate behavior.
2. If inappropriate behavior continues, the camper will be reminded of behavior expectations and camp rules, and the camper will be asked to decide on action steps to correct his/her behavior.
3. If a child's behavior still does not meet expectations and is affecting the experience of other campers, he/she will be referred to the Camp Director and the child's parents will be notified.
4. If inappropriate behavior continues, as a final action step the camper may be dismissed from camp.

### Examples of unacceptable behavior:

- Refusing to follow behavior guidelines or camp rules
- Using profanity, vulgarity, or obscenity
- Stealing or damaging property (personal or camp property)
- Refusal to participate in activities or cooperate with staff
- Disrupting an activity
- Leaving the group without permission
- Endangering the health and safety of children and/or staff
- Teasing, making fun or bullying of other campers or staff
- Fighting of any kind

Camper fees are non-refundable if a camper is sent home for disciplinary reasons. Physical violence or bullying toward another camper or staff member will result in immediate dismissal from the camp program.



# CODE OF CONDUCT

**Participant:**

By signing this form, I am agreeing to follow the above guidelines. I understand that more specific rules will be explained to me when I arrive at the club. I also realize that failing to follow these guidelines will result in disciplinary action by the staff of Corpus Christi Athletic Club and may include removal from the program.

**I will be honest and respectful (of my peers, my coaches, and myself). I will follow direction and rules. I will not act violently toward any other child or staff member. I will not steal or destroy property belonging to Corpus Christi Athletic Club, other children, or staff members. I will not use / practice lewd conduct and language. I will always remain with my group. I will do my best to HAVE FUN!!!**

**Child's Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**Parent(s) / Guardian(s):**

I have read, understand, and agree to the information and terms presented in the Policies and Procedures section of the program packet. I understand that should my child required to leave the program due to illness, behavior problems or other reasons, I will be required to make arrangements to have my child picked up in a timely manner as designated by administration.

**Parent / Guardian:** \_\_\_\_\_

**Date:** \_\_\_\_\_



## Release and Authorization to Use Image

1. On my behalf and on behalf of my child/children \_\_\_\_\_, I hereby consent to interviews, photography, videotaping and authorizing it's/their release, publication, exhibition, or production to be used for public relations, news articles or telecast, education, advertising, inclusion on the Corpus Christi Athletic Club L.L.C.'s ("Club") website, fundraising or other purposes by the Club and/or its affiliates.
2. I hereby release the Club, its shareholders, officers, directors, agents, employees and each and all persons involved from any liability connected with taking, recording or publication of said interviews, photographs, slides, computer images, videotapes or sound recordings.
3. I waive all rights I might have to any claims for payment or royalties in connection with any exhibition, televising or other publication of these materials, regardless of the purpose or sponsoring of such exhibiting, broadcasting or other publication and irrespective of whether a fee for admission or film rental is charged. I also waive any right to inspect or approve any photo, video or film taken by the Club or the person or entity designated by it.
4. I release and discharge the Club, its shareholders, officers, directors, agents, employees and/or its affiliates from any liability by virtue of any blurring, distortion, alteration, optical illusion, or other composite form whether intentional or otherwise, that may occur or be produces in the taking of pictures or in any processing toward the completion of the finished product. I understand that all negatives and positives, whether prints, video, film or sound recording are the property of the Club or the person or entity designated by the Club, solely and completely.
5. I declare that I am eighteen (18) years or older, am legally competent or execute this release and that I am the legal parent or guardian of the minors named above, if any. I have read this release and authorization completely and understand its meaning.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_ City/Zip: \_\_\_\_\_

Phone # (Home): \_\_\_\_\_ (Cell): \_\_\_\_\_



Dear Participant,

We hope that you're as excited as we are to have you to participate in our camp program. Whether it's your first time at the Corpus Christi Athletic Club or your fifth time, we can guarantee a memorable experience. Hopefully you will learn some new healthy habits and skills and make some great new friends.

In order to be ready for your first day, there are a few things you will need to do:

- **Sign the Code of Conduct form.** Signing this form means that you agree to follow the rules and understand the consequences when someone chooses not to.
- **Help your parent / guardian with the packing list** (sometimes they forget things).
- **Be ready to try new things!** There are lots of new things to try. We love it when all children participate because it just makes it more fun.
- **Come to have FUN!** This means leave all negative attitudes at the door. All you need to do is worry about laughing, smiling and having a great time.

We promise to do our best to make this an awesome experience. We hope that you are ready to make new friends, create some great memories, and most of all **HAVE FUN- I know that we are.**

See you soon!

Kim Tamez  
Kid's Club Team Leader  
(361) 992-7100 ext. 1254  
[Ktamez@ccathleticclub.com](mailto:Ktamez@ccathleticclub.com)

Ashley Salinas  
Assistant General Manager  
[adonatello@ccathleticclub.com](mailto:adonatello@ccathleticclub.com)



To Exceed Member Expectations in A Clean and Safe Environment



Dear Parent / Guardian,

We would like to thank you for choosing to send your child to one of the Corpus Christi Athletic Club Summer Camps. Our purpose is to offer a fun and safe environment that inspires healthy living. Our mission is to help build self-confidence, self-respect and an appreciation for one's own self-worth. We believe in this mission, and we will do our best to provide this for your child.

Attached you will find the forms required for your child's attendance in the summer program along with behavior guidelines and discipline. We ask that you please take the time to fill out the necessary forms **completely**. Reviewing this information with your child prior to their arrival can better prepare him/her for the day (please note, there is also a letter for your child in this packet).

***For your child to attend the program, the following forms must be filled out completely and signed.***

- 1. Emergency Contact / Departure Release:** The first part of this form needs to be filled out completely by a parent / legal guardian. The departure Release only needs to be completed if someone other than the parent / legal guardian will be picking the child up.
- 2. Code of Conduct Agreement:** Needs to be completed by a parent / legal guardian and by the child attending. Please make sure that you and your child both understand the guidelines.
- 3. Release and Authorization to use image.** - This is optional. We would like your permission to take and use your child's image.

***For your information:***

- 1. Policies and Procedures:** Please read to understand our policies and discipline system.
- 2. Equipment List:** Please use this list as a guideline for helping your child to pack and be prepared for their day and lessons.

My staff and I look forward to providing a safe and memorable experience for your child. If at any time you have any questions or concerns, please don't hesitate to contact us. Again, we want to thank you for trusting us to give your child an amazing experience here at the Corpus Christi Athletic Club. We look forward to a great camp.

Sincerely,

Kim Tamez  
Kid's Club Team Leader  
(361) 992-7100 ext. 1254  
Ktamez@ccathleticclub.com

Ashley Salinas  
Assistant General Manager  
adonatello@ccathleticclub.com



## **POLICIES AND PROCEDURES**

### **Camp Hours**

Monday - Friday 7:30am to 4:30pm

### **Arrival & Departure**

Parent(s) / guardian(s) can drop off and pick up their child through the Kid's Club entrance anytime between the hours of 7:30am and 1:30pm. If dropping off or picking their child up between the hours of 1:30pm and 4:00pm they will need to enter through the Corpus Christi Athletic Club main entrance. Summer Program activities are located throughout the club, please refer to the activity schedule that is provided or ask for help at the front desk to locate the group. Children can be dropped off or picked up at any time during the program hours.

**Pick up time is no later than 4:30pm.**

**We do have extended hours available at an additional fee.**

### **Packing for**

Please be sure to include all the necessities on the packing list. Many parents / guardians find it helpful to label **everything** the child brings. All our activities (except for the gym, pool and water play) require closed toe shoes. Children without proper attire will not be allowed to participate. Although the children are permitted to bring electronics from home, please be advised that the Corpus Christi Athletic Club L.L.C does not accept responsibility for damaged, lost or stolen items. These items will only be permitted for use during scheduled breaks. Lunches or snacks will not be provided. Please be sure to send enough food to satisfy your child's appetite for the entire day. Please remember that the children are very active during their stay here, so please consider packing a little more than you would normally. Due to allergies any food containing peanut / tree nuts are not allowed.

### **Communications**

The Team Leader or Coaches can be contacted between the hours of 7:30am - 1:30pm and 4:00pm – 5:30pm, Monday-Friday @ 361-992-7100 ext. 1254 and 1136. Messages are checked frequently. If calling between the hours of 1:30pm and 4:00pm coaches can be reached through the main operator. #361-992-7100 ext. 0. The Kid's Club/Camp Team Leader Coordinator can also be reached by email: [ktamez@ccathleticclub.com](mailto:ktamez@ccathleticclub.com)

### **Participation / Exclusion from activity**

CCAC Summer Camps Program strives to include all children in all activities. However, in certain instances we do reserve the right to deny participation. The instances include but are in no way limited to: child does not have proper attire, child refuses to follow directions, child has an untreated medical condition, parent / guardian limits participation for certain activities; child is a danger to his / herself or others.

If you wish to limit the activities in which your child will participate, please include a note in the space provided on the Registration Form, included with this package, detailing requested limitations. If your child will not be participating, they will be given something to do during the schedule activity.

### **Code of Conduct**

In order to attend, all participants along with a parent / guardian must sign the Code of Conduct form. CCAC Summer Camp Program expectations of behavior, and discipline process, are explained on this sheet. It includes details of the parent / guardian's responsibilities should a child demonstrate unacceptable behavior.

Corpus Christi Athletic Club makes every effort to follow our three-strike discipline process. However certain circumstances may arise that require a child's expulsion from the program without prior notification to the parent / guardian. To this point, CCAC reserves the right to send a child home at our own discretion.

In the event that a child's departure is recommended for behavioral reasons, no refund will be issued. Additionally, it is the responsibility of the parent / guardian to make arrangements to have the child picked up in a timely fashion, as determined by CCAC. Children departing for behavioral reason will be isolated from other children and remain under the direct supervision of no less than two CCAC staff members. Corpus Christi Athletic Club reserves the right to bill at the rate of \$8.50 per hour, per staff member for this direct supervision.

### **Health, Wellness and Medication**

Camp staff will address first-aid and illness, as well as distribute all children's medications. All medications must be accompanied by a Medication Order Form.

Prescription (Rx) Medication- must be accompanied by a **Medication Order Form**, signed by a physician AND a parent / guardian. The pharmacist's label must be legible and display the patient's full name.

Over-The-Counter (OTC) medication- For OTC medication, a parent / guardian's signature is required on the **Medication Order Form**. A physician's signature is not required for the OTC medication.

- ALL MEDICATIONS MUST BE IN THEIR ORIGINAL CONTAINERS.
- All medications must be non-expired.
- All medication will be kept under lock and key and administered only by CCAC Staff (the one exception being emergency medication).
- For **Emergency Medication (i.e. Epi-pen, albuterol inhaler, nebulizer)**, please mark albuterol inhalers with the child's name using a permanent marker. Inhalers must be non-expired and accompanied by the original prescription box. Emergency inhalers and Epi-pens will be issued to the attending coach to carry through all activities.
- For any treatment a parent / guardian does not want for their child, for religious or other reasons, the parent / guardian must submit along with registration the registration packet, a signed statement specifying the action to be taken should the child need care or treatment.
- For any child needing care beyond CCAC staff abilities emergency personnel will be called.

### **When Illness Strikes:**

- Child will be evaluated by the staff or Team Leader.
- Any illness or injury which involves a sustained fever, repeated vomiting, severe injury, etc. will be reported by phone immediately to the parent / guardian.
- If it is determined that the child must leave, the parent / guardian will be notified and asked to pick the child up immediately.
- For your benefit (and ours), do not send sick children.

### **Early Departures**

Children will not be released to persons other than legal guardian(s) unless prior written authorization has been provided by the legal guardian(s). Before children are released, CCAC staff must obtain a copy of the parent / guardian's driver license, passport, or state issued identification card.

### **Regular departure**

Departure time is no later than 5:30pm. Failure to pick up your child in a timely manner may result in a charge of \$10.00 per hour per supervising staff member.





## Camp Packing List

- **Change of clothes-** It's a good idea to have a change of clothes every day that you attend the program. Sometimes we get messy and other times we get wet with water fun.
- **Swimsuit-** You will need your swimsuit for lessons and other outdoor water activities.
- **Sandals or water shoes-** These will be worn during water play or while in the aquatic area.
- **Medications-** if needed. Please make sure that it is accompanied by the Medical Order Form.
- **Lunch & Snacks-** Please pack what your child likes to eat. We are very active throughout the day, so we want to be sure that your child has enough energy to make it through the day. Also due to allergies please do not send any type of tree nut or peanuts / peanut products.
- **Water bottle-** This is optional. We have water stations located throughout the facility.

\*\*For the safety of the children we will require that all children attending the program wear closed toe shoes. If a child is not in the proper footwear, they will not be allowed to participate in activities other than those that do not require footwear.